



WELLNESS COORDINATOR SERVICE

Expert Consultation and Support for Employee Wellness Programs

Wellness programs are more important than ever before in the midst of the COVID-19 pandemic. In this time of unprecedented fear and uncertainty, helping your employees increase their wellness knowledge, learn how to cope with added stress and manage their mental and physical health can make a significant impact on employees' morale, outlook and productivity. VistaNational has dedicated Wellness Coordinators to help your HR team plan and execute wellness programs for your employees to support their mind, body, and spirit. Our expert Wellness Coordinators will work with you to ensure that your company's wellness programs are set up, maintained, and running smoothly.

COMPLETE WELLNESS SUPPORT SERVICES

There is a direct connection between healthy employees, job performance and health benefits utilization. COVID-19 has impacted the way wellness programs can be safely delivered. Vista's expert Wellness Coordinators can help you plan innovative virtual wellness campaigns, educational programs and events to help your employees remain healthy during the pandemic and beyond. Our services include:

- » Wellness strategy consultation
- » Designing, planning and implementing health promotion campaigns
- » Planning, scheduling and hosting virtual wellness events
- » Providing ongoing consultative support for wellness programming
- » Track wellness program participation and results

CUSTOMIZED WELLNESS PROGRAMS

Vista's expert Wellness Coordinators can work with your HR department to plan and execute a wide range of activities for your employees, such as:

- » Wellness Education & Coaching
- » Fitness Training
- » Nutrition Education
- » Stress Relief Programs
- » And More!



Dedicated Wellness Coordinators Are One of Many Solutions in VistaNational's COVID-19 Toolkit

Contact us today to learn how you can provide powerful technology, expert support and high-service programs for your employees and HR staff during the COVID-19 crisis.



Call 800.944.3645 or visit VistaNational.com

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